

Know Your Health

Health literacy:

<https://www.hrsa.gov/about/organization/bureaus/ohe/health-literacy/index.html>

MedlinePlus:

<https://medlineplus.gov/>

Centers for Disease Control and Prevention:

<https://www.cdc.gov/>

Social Determinants of Health:

[healthypeople.gov](https://www.healthypeople.gov)

<https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health>

Development of the National Health Promotion and Disease Prevention Objectives for 2030:

<https://www.healthypeople.gov/2020/About-Healthy-People/Development-Healthy-People-2030>